



We build strong kids, strong families, strong communities.

## POOL SCHEDULE

<b>OPEN AND LAP SWIM TIMES</b>						
Updated January 28, 2010						
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
5:30-6:30 am	6:00-9:00 am	5:30-6:30 am	6:00-9:00 am	5:30-6:30 am	8:00-4:30PM	
7:15-8:00 am	11:00-12:15 pm 12:45 pm -2:00 pm	7:15-8:00 am	11:00-2:00 pm	7:15-8:00 am		
11:00-2:00 pm	3:30-6:30 pm	11:00-2:00 pm	3:30-5:15 pm	11:00-2:00 pm		1:00-3:30PM
3:30-5:30 pm	7:30-8:30 pm	3:30-5:30 pm	7:30-8:30 pm	3:30-6:30 pm		
7:00-8:30 pm		7:00-8:30 pm				

Please check the Group Exercise Flyer for information and times for our Water Fitness Classes

## Swimming Pool Rules

- ❖ Swimmers must shower before entering the pool
- ❖ No street shoes allowed in pool area
- ❖ No running or horse play allowed
- ❖ No food or drinks allowed in the pool area (water is allowed)
- ❖ No Diving
- ❖ Inflatable Floation aids are not allowed. The YMCA has Bubbles
- ❖ Children 7 years old and under must be accompanied by an adult
- ❖ Swimmers who are sick or have open wounds or sores are asked not to use the pool
- ❖ The Lifeguard is in complete control of the Pool



Clinton County Family YMCA  
 950 S. Maish Rd.  
 Frankfort, IN 46041  
 (765)654-9622  
[www.ccfymca.net](http://www.ccfymca.net)

